

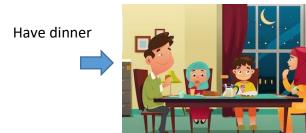
Home time

At home, we do things every day like ...













Here are some other...take a look



My day



I brush my teeth





I get up



I take a shower



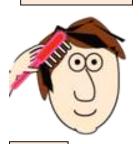
I comb my hair

I get dressed

I make the bed

I have breakfast

I go to school











I read

I have lunch

I write

I get home

I do my homework











I go skateboarding

I play with my friends

I watch TV

h TV I

I surf the net









I have dinner

I do the dishes

I get undressed

I go to bed









Activity 1

Match the picture with the correct phrase

1. Dry my hair.





- 2. Brush my hair.
- 3. Go to the bathroom.





- 4. Take a shower.
- 5. Eat lunch.



6. Study.



7. Take a bath.



9

h

- 8. Go to bed.
- 9. Brush my teeth.



10. Get up.





Activity 2

DAILY ROUTINES WORDSEARCH

Match the activities and the pictures. Then find them in the wordsearch:

HAVE BREAKFAST **GET UP** LISTEN TO MUSIC **PLAY TENNIS HAVE LUNCH WASH UP EMAIL GET DRESSED WATCH TV RIDE A BIKE PAINT** GO TO SCHOOL SLEEP **SURF THE INTERNET** WATER THE PLANTS READ **BRUSH TEETH** DO HOMEWORK **PLAY THE VIOLIN** WALK THE DOG **TEXT FRIENDS** STUDY SET THE TABLE



0 R 0 T T E 5 C T В R A A E C Ε E G D 0 0 E 0 T R 0 R P D E P В G T Н E T R E D G T G D D G A T U S X E Y T E Ν Ν ı



Read the composition then underline the activities related with routines

On Mondays I get up at 6 am.
I go to the bathroom, have a shower then I brush my teeth, comb my hair and get dressed.
I have breakfast; I eat a sandwich and drink some milk. At 7 o'clock I leave home and start school. I go to school by bus.
The school begins at eight. I have some snacks at half past ten.
I go home after school and have lunch there at about quarter to two.
After lunch, I do my homework.
In the afternoon, I often watch TV, walk with my friends, and help my mum with housework or with the shopping.
At half past six we have dinner. My mum prepares the meal.
I often study after dinner because I have a lot of homework. Then I tidy up my books.
After that, I have a bath, brush my teeth and go to bed.
I usually go to bed at 9 pm.
1 Now based on the text, write down your own routine
Ex: I wake up at 10. Then I have breakfast: milk and a sándwich

2.- Answer these questions about you. Use these answers: Yes I do - No I don't



Note: Tenemos que hablar de él o ella y sus rutinas. Mira los siguientes ejemplos:

- She *wakes up* at 10 o'clock
- He brushes his teeth

Ahora compara...

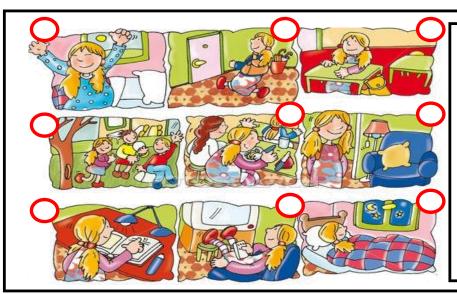
- I wake up at 10 o'clock
- I *brush* my teeth

Existe una pequeña diferencia entre las oraciones. Lo notaste?

Cuando mencionamos a un él o ella, debemos agregar una S o ES al final de la acción· Mira la esta lista

wake – wakes get - gets comb - combs brush - brushes watch - watches have – has do - does go - goes take - takes study - studies dry - dries

BETTY'S DAILY ROUTINE



READ AND MATCH

- 1-HAVE LUNCH
- 2-GET UP
- 3-GO TO SCHOOL
- 4-GO TO BED
- **5-COME BACK HOME**
- 6-PLAY
- 7-START SCHOOL
- 8-WATCH T.V
- 9-DO THE HOMEWORK

COMPLETE THE PARAGRAPH USING THE VERBS FROM THE BOX ABOVE USING THE SIMPLE PRESENT TENSE

BETTYAT 7.00.SHE GETS DRESSED AND THEN SHETO SCHOOL SCHOOLAT 8.00.

AT 9.00 THERE IS A BREAK AND BETTYWITH HER FRIENDS.AT 12.00 SHELUNCH AT SCHOOL. AT 5.00 SHEHOME. SHEHER HOMEWORK AT 6.30 AND THEN SHET.V HER FAVOURITE PROGRAM STARTS AT 7.15. AT 10.00 SHETO BED

TRUE OR FALSE?

- 1-BETTY USUALLY GETS UP AT SEVEN O'CLOCK
- 2-SHE GETS DRESSED BEFORE GOING TO SCHOOL
- 3-SCHOOL STARTS AT HALF PAST EIGHT
- 4-SHE NEVER PLAYS WITH HER FRIENDS
- 5-SHE HAS LUNCH AT HOME
- 6-SHE COMES BACK HOME AT FIVE O'CLOCK
- 7-SHE DOES HER HOMEWORK AFTER WATCHING T.V
- 8-HER FAVOURITE PROGRAM STARTS AT QUARTER PAST SEVEN
- 9-SHE GOES TO SLEEP AT TEN O'CLOCK

Practice 2: Read the text and answer the questions



This is Sharon. She's a chef. She's short and pretty. She works in a restaurant. She cooks for people.

Every day she gets up at seven o'clock in the morning. She takes a shower and puts on her clothes. She doesn't eat breakfast, she drinks coffee with milk. At eight o'clock, she drives to the market.

At the market, she buys lots of food. She buys fruit, vegetables and meat. Then she goes to the restaurant. She cooks lunch from twelve o'clock to three o'clock. Then she takes a break. At five o'clock, she starts to cook dinner. She cooks pasta, pizza and steak for lots of people.

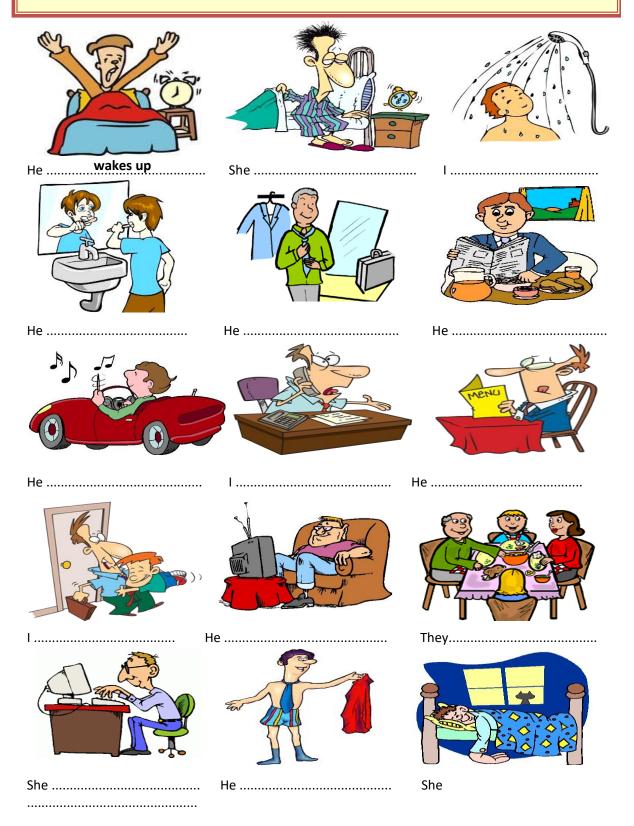
She finishes work at nine o'clock. She's very tired. She drives home and takes a shower. She plays computer games for an hour and then she goes to bed.

1. What's her name?	
2. Where does she work?	
3. What does she have for	
breakfast?	
4. What does she buy?	_
5. What does she cook in the evening?	
6. Where does she buy food?	
7. What time does she have a break?	
8. What time does she go to	

Final practice

Complete with the phrases in the box. Remember to use the correct form of the verb.

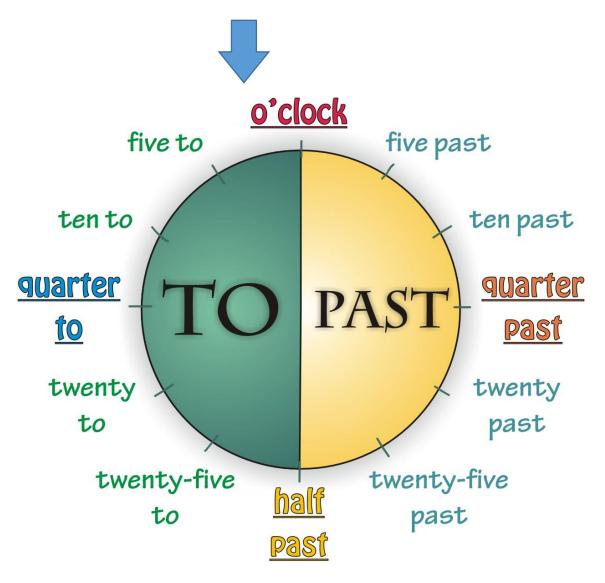
have dinner get undressed have lunch watch TV surf the net go to bed get up go home drive to work get dressed have breakfast work brush his teeth have a shower wake up



Cuando hablamos de rutinas, necesario utilizar la hora-

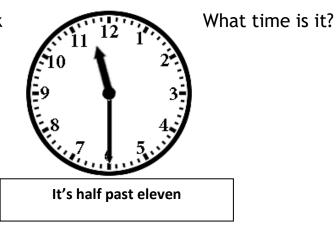
The time is very important when we talk about what we do

This clock will help you to understan how to tell the time....



For example:

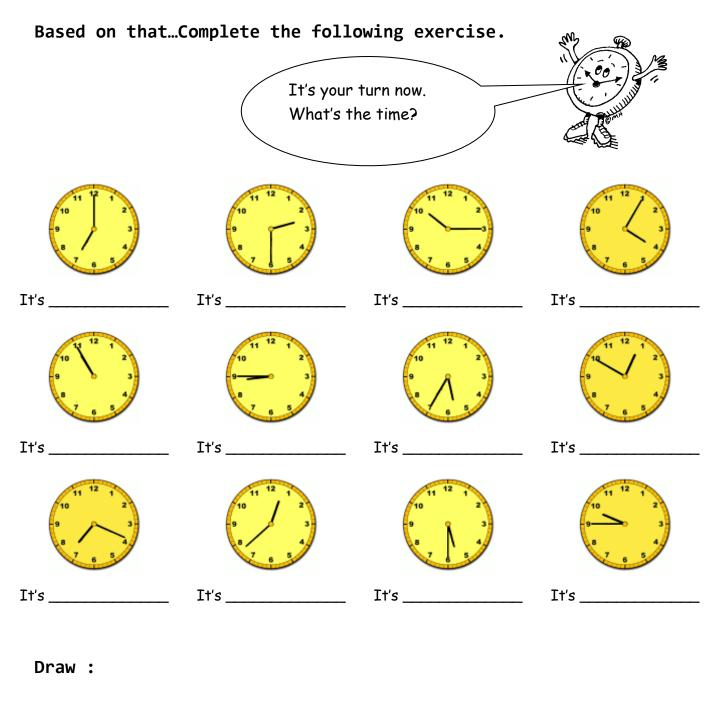
Look at this clock



Note: Si miras con detención el reloj anterior verás que los 30 min se escribe como half past y la hora se menciona después. Siempre los minutos van primero y luego la hora.

Look at these examples

6.00 -	It's six o'clock	6.35 -	It's twenty-five to seven
6.05 -	It's five past six	6.40 -	It's twenty to seven
6.10 -	It's ten past six	6.45 -	It's a quarter to seven
6.15 -	It's a quarter past six	6.50 -	It's ten to seven
6.20 -	It's twenty past six	6.55 -	It's five to seven
6.25 -	It's twenty-five past six	7.00 -	It's seven o'clock
6.30 -	It's half past six		

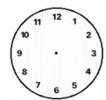




It's quarter to two



It's half past one



It's twenty to eleven



It's ten past three



It's nine o'clock



It's quarter past three



It's ten to ten



It's twenty-seven past twelve

Final review!!!!

Choose the correct daily routine and put the appropriate time on the clock (go to bed, have breakfast, have dinner, have lunch, get up, go to school)

